# ECOLOGY OF INFECTIOUS DISEASES IN NATURAL POPULATIONS

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## CONTENTS

List of Participantsix
Introduction
Broad Patterns and Processes
F.M.D. Gulland Impact of Infectious Diseases on Wild Animal Populations: a Review
A.P. Dobson and P.J. Hudson Microparasites: Observed Patterns 52
J.A.P. Heesterbeek and M.G. Roberts Mathematical Models for Microparasites of Wildlife90
C. Dye (editor) Microparasite Group Report123
P.J. Hudson and A.P. Dobson Macroparasites: Observed Patterns144
M.G. Roberts, G. Smith and B.T. Grenfell Mathematical Models for Macroparasites of Wildlife
G. Smith (editor) Macroparasite Group Report209
N.D. Barlow Critical Evaluation of Wildlife Disease Models 230
PATHOGENS, INSECTS AND PLANTS
C. Dye and B.G. Williams Nonlinearities in the Dynamics of Indirectly-Transmitted Infections (or, does having a Vector make a Difference?)
J. Swinton and R.M. Anderson Model Frameworks for Plant-Pathogen Interactions
C.J. Briggs, R.S. Hails, N.D. Barlow and H.C.J. Godfray  The Dynamics of Insect-Pathogen Interactions
IMPACT OF ECOLOGICAL AND GENETIC HETEROGENEITY
S. Lloyd Environmental Influences on Host Immunity
B.T. Grenfell, K. Dietz and M.G. Roberts Modelling the Immuno- Epidemiology of Macroparasites in Wildlife Host Populations362
D. Mollison and S.A. Levin Spatial Dynamics of Parasitism
B.M. Bolker (editor) Spatial Dynamics Group Report399
C.M. Lively and V. Apanius Genetic Diversity in Host-Parasite Interactions 421

viii Contents

A.P. Read (editor) Genetics of	and Evolution of Infectious Diseases in
Natural Populations Group H	Report45
M. Begon and R.G. Bowers E	Beyond Host-Pathogen Dynamics 478
C. Watt, A.P. Dobson and B.T.	Grenfell Glossary510

### A.P. Dobson and B.T. Grenfell

#### 1 Introduction

The epidemiology of infectious diseases is one of the great triumphs of applied ecology. In particular, the public health importance of parasites has lead to a large literature, exploring their impact on the population dynamics, population genetics and evolutionary biology of human populations. An important milestone was the Dahlem Conference on population biology of infectious diseases, held in 1981. The resulting book (Anderson and May 1982) lucidly summarised the contemporary state of parasite ecology and epidemiology. The meeting was also important in bringing together theoretical and empirical workers from a range of relevant disciplines. Their deliberations, in a series of group reports, set the scene for many developments in parasite ecology over the following decade.

Following the advent of HIV/AIDS, there has since been a particular flowering in the quantitative epidemiology of human infections (Anderson and May 1991). By contrast, work on diseases of naturally fluctuating animal and plant populations has had a lower profile. Although there are large bodies of published research on theoretical and empirical aspects of the ecology of infectious diseases in naturally fluctuating host populations, there has been no recent attempt to bring these together systematically. This is partly happenstance but, as we shall see, probably also arises from a lack of empirical knowledge about the details of many interactions. The Isaac Newton Institute programme on epidemic models, held during January-June 1993, provided the ideal venue for addressing this gap between theory and practice. This volume is based on a workshop which we convened during the second week of March 1993. We followed the Dahlem pattern, bringing together a collection of experts to provide overviews of the subject and produce group reports on important issues. This was a highly interdisciplinary group, ranging from biomathematicians to plant pathologists, veterinarians and wildlife managers. Their collective deliberations led to the synthesis which makes up the remaining chapters of this book.

Before summarising the structure and relationship of these contributions, we explore some broad philosophical issues.

#### 2 What is $R_0$ ?? Who is Arnold?

The transfer of infection is fundamentally a contact process. The central quantity here is the speed of spread of infection through a host population under optimal conditions. This parameter is usually demoted by the symbol  $R_0$ , which can be defined in a variety of ways, depending on the nature of the host-parasite interaction (Heesterbeek and Roberts, Roberts *et al.* this volume). As students of theology will know, the naming of such a mystical quantity is always likely to be fraught with difficulty. Various names have been proposed for  $R_0$ : the basic reproduction (or reproductive) rate (or number, or ratio). We would not have the temerity to enter this debate, although a recent mistyping of a piece of dictation by one of us (APD) resulted in a new name for  $R_0 - Arnold$ . Though we hope this usage will spread, we have generally called  $R_0$  the basic reproductive ratio in this volume.

#### 3 How the book is organized

This is not a guide to the aetiology and pathology of infectious diseases. Instead, it provides a synthesis of current knowledge about the quantitative ecology and epidemiology of infections in naturally-fluctuating animal and plant host population. The word 'naturally' is relative here, since few populations have escaped direct or indirect human intervention. Our definition is therefore based on populations whose numbers are relatively unconstrained by humans, so that the impact of parasitism on 'natural' host dynamics (and of hosts on parasite dynamics) can be assessed. The main population dynamic question is obviously whether parasites tend to 'regulate' host abundance (i.e., reduce the tendency for unconstrained growth or fluctuation in numbers; see Anderson and May (1978) Holmes (1982)) or 'destabilise' it, contributing to variations in host population density (May and Anderson 1978). Which effect predominates in a particular interaction depends crucially on the nature of density dependent (nonlinear) processes in the host-parasite interaction (Roberts et al. this volume).

The background chapters present reviews of the current state of theoretical and empirical knowledge about the dynamics of infectious diseases in natural populations. During the meeting, we also convened working groups on four specialist areas: the population biology of microparasites and macroparasites, spatial dynamics of parasitism and genetic and evolutionary issues. Their deliberations are summarized by the four groups reports presented between the background papers below. The volume concludes with a glossary, which gives brief definitions of widely used technical terms, from both theoretical and empirical branches of the subject.

In terms of broad taxonomic and functional classification, we adopt the

standard division of pathogens into microparasites (viruses, fungi, bacteria, protozoa) and macroparasites (helminths and arthropods) (May and Anderson 1979, Anderson and May 1979). The biological and theoretical bases of this division are discussed extensively in the group reports on microparasites and macroparasites (Dye et al. this volume, Smith et al. this volume).

The group reports and background chapters are divided between three sections. We use the micro/macroparasite division in the first section, titled Broad patterns and Processes, which considers both observed patterns and techniques for modelling them. As these papers tend to focus on pathogens of vertebrate hosts, a number of important groups of interactions are not covered in detail in this sections (plant pathogens, vector borne-infections and insect micropathogens) We therefore devote the second section, Pathogens, Insects and Plants, to reviews of interactions between pathogens and non-vertebrate hosts. The main aim of this section is to draw out the special features of these interactions.

Much of the progress in parasite population biology in the last 15 years has been in analyzing the impact of various heterogeneities in the host or parasite population (Anderson and May 1984,1985, Nold 1980, Anderson and Gordon 1982, Burdon et al. 1989, Kallen et al. 1985, Dwyer 1991, Pacala et al. 1990, Barlow 1991). A variety of distinct, but not necessarily mutually exclusive, processes produce important heterogeneities in host parasite systems. We have classified them loosely under the following four headings: immunological, spatial, genetic and ecological. The final group of chapters focus on the effects these important heterogeneities have on host-parasite interactions in naturally fluctuating host populations.

# 4 The balance between theoretical and empirical research

A central implicit question for the meeting was: what balance of new theory and empirical work do we need to advance the subject? A major thrust of this book is that, currently, we particularly need to improve our empirical knowledge of interactions and our ability to manipulate them experimentally. New theoretical tools are also required – particularly in dissecting the dynamics of immunity (Grenfell et al. this volume), spatial infection processes (Bolker et al. this volume) and host-parasite population genetics (Read et al. this volume). However, these processes are often so complex that the models are best extended by reference to detailed empirical studies of particular systems (Gulland, Dobson and Hudson, Hudson and Dobson, all this volume). Constantly confronting new theoretical developments with empirical data allows the assumptions underlying the structure of new models to be examined from an empirical perspective. It also keeps theoreticians focused on real prob-

lems and encourages empiricists to have their results and biological insights clarified using the analytical perspective afforded by well-posed models.

We can divide the requirement for new empirical work into two broad areas. First, we need simply to know more about the diversity of host-parasite interactions - in particular, a greater empirical understanding of the impact of parasites on host-population dynamics is required if we are to resolve the endless 'compensatory versus additive' mortality debate (Holmes 1982, Gulland this volume). Such information is not won easily and depends crucially on a combination of long term detailed studies, controlled experiments, and, ideally, notification schemes for disease incidence. Unfortunately, there are only a limited number of National Centers which act as clearing houses and information centers for long-term data on infectious diseases in natural populations. The Center for Wildlife Diseases at Madison, Wisconsin provides an important model for this in the United States, but other countries - or groups of countries - need to examine the possibility of setting up similar centralized facilities. Only with this sort of information can our comparatively strong theoretical understanding of host-parasite population dynamics be tested and extended, for example, to provide more accurate predictions of the epidemiological impact of anthropogenic effects such as global-climate change.

Second, we require new technologies to dissect the dynamics of individual host parasite interactions. This is particularly important in terms of host immunity and host-parasite population genetics. For example, if sufficient variability can be discerned in molecular genetic studies of helminth parasite transmission stages, such as eggs, this could provide a method for non-destructively monitoring the dynamics of adult norm burden. Such developments would revolutionise epidemiological studies of many parasite groups.

#### 5 A brief overview

This section synthesises the wealth of information and opinion generated in the background papers and group reports, in order to draw out common themes.

#### 5.1 Microparasites

The empirical review of microparasite incidence concentrates on vertebrate examples (Dobson and Hudson this volume), whilst the chapter by Gulland surveys the impact and potentially regulatory role of pathogens in wild animal populations. The paper by Briggs et al. provides examples from studies of pathogens of insects, while Swinton and Anderson deal with plant pathogens. Heesterbeek and Roberts and Barlow provide respectively, an introduction

to mathematical models for microparasites and a 'field guide' to models that have been used in studies of infectious disease of wildlife. The microparasite group report (Dye et al. this volume) focused on the following major issues.

#### 5.1.1 Persistence of infection in populations

Persistence is emerging as a problem in reconciling models for microparasites with observed patterns of empirical data. The group reports on microparasites and spatial processes and the background papers on observed patterns and impact all examine this problem from a variety of perspectives. Numerous recent studies emphasize the importance of spatial heterogeneity in perpetuating epidemic infections in host metapopulations (Bolker et al., Dye et al. this volume). Though this insight is not new (Bartlett 1957), the development of individual-based models (and the computing technology necessary to implement them) has recently highlighted the importance of geographical and social space.

However, a careful balance is needed between emphasizing this particular heterogeneity and examining other biological phenomena which may be equally important, but less topical. For example, recrudescence of latent infections is probably very important in the persistence and re-emergence of herpesvirus infections (Grenfell and Smith 1990). Each of the discussions on this problem emphasizes the importance of sequentially adding ecological and epidemiological information to mathematical models. Similarly, we need to acknowledge the empirical fact that many microparasites persist in host species that live at low density, in social systems where contacts between individuals or social groups are minimal. In this case, we are likely to need individual-based models that more accurately reflect actual contact patterns, as determined by the host's social system.

We still need more experimental studies that address the importance of pathogens in regulating host populations and the role they play in determining the geographical range of species, both directly (by exclusion) and indirectly by apparent competition (Price et al. 1986,1988). In both these areas, the development of more powerful empirical tools that allow us to differentiate between infection and disease are needed (Gulland this volume). These will considerably strengthen our ability to effectively monitor endemic infections which may lead to disease outbreaks when a population is either stressed, or suddenly increases in density.

#### 5.1.2 Conservation and disease control

The control of infectious diseases in natural population will increasingly become a problem as wildlife become concentrated into National Parks and reserves. The background papers aired the spectrum of opinion about the relative merits of two traditional forms of pathogen control: culling versus

vaccination (Heesterbeek and Roberts, Barlow this volume). Energetic discussion of the issue in the group sessions indicated that the 'best' approach indicated in published studies has usually been a function of model structure, economics, the availability of effective vaccines and public opinion. At present, culling is increasingly replaced by preventive vaccination for domestic animals, while culling continues to be used for wildlife. This asymmetry is changing, as more people emphasize the necessity of reducing human activities that have a detrimental impact on biodiversity. In this context, the widespread success of vaccination in the control of rabies in European wildlife is an excellent example of an ecologically sensitive campaign. In many cases, we need to take this exercise a stage further and examine the role that pathogen control can play in maintaining viable populations of many endangered species (Dobson and May 1986, May 1988, Thorne and Williams 1988, Scott 1988, Spalding and Forrester 1993). The strong consensus to emerge from these studies of pathogens and endangered species is that the small population size of many host species is likely to preclude them from maintaining species specific pathogens that are a major threat to their viability. Instead, the reduced levels of genetic diversity that characterize increasingly rare species may increase their susceptibility to epidemic outbreaks of pathogens acquired from more common species. To understand the epidemiology of these problems fully, we must turn to models for pathogens that infect a range of host species (Begon and Bowers this volume) and studies that examine interactions between pathogens and host genetic diversity (see Lively and Apanius, Read et al. this volume).

The properties of multi-species host-parasite models can be examined from two main perspectives: first, what happens when several species of parasite utilize a single host species and secondly, what happens when a single pathogen utilizes a range of hosts species (Holt and Pickering 1985, Hochberg and Holt 1990, Begon and Bowers this volume). A number of important questions remain to be addressed in this area. In particular, it is intriguing that models can be readily constructed that allow a single host population to support a large diversity of macroparasite species (provided each parasite species is sufficiently aggregated in its distribution) (Dobson and Roberts 1994, Roberts and Dobson 1995), while models for multiple microparasite strains usually require the addition of some form of spatial or other heterogeneity in the host population if more than one microparasite is not going to dominate and drive all others to extinction (Nowak and May 1994).

Further development of models for pathogens that infect more than one host species will allow us to examine other problems. In particular, we need to understand the role that 'natural' levels of biodiversity (number of species) in a region play in either buffering epidemic outbreaks, or providing a diversity of hosts species which mediate longer term pathogen persistence.

#### 5.1.3 Microparasites and community structure

Such studies will also address the role that parasites play in food webs - a topic that is almost completely unexplored (Anderson and May 1986, Dobson and Hudson 1986, Dobson and Crawley 1994, Grenfell 1992). Nevertheless, everything we discuss in this book suggests that pathogens may have a bewildering array of potential effects on our understanding of food web structure. For example, counting the numbers of parasites in a food web will increase the numbers of species in an ecological community by a factor between 2 and 5, obviously, this will lead to increases in estimates of the number of species that each species interacts with. Ultimately, this may alter our traditional perspective of a food web as a pyramid of organisms with many producers on the bottom and a few consumers on the top, to a structure that more closely resembles a rhomboid, with each higher level of consumers being consumed by an increasing diversity of parasites. Moreover, there are a number of empirical examples where the introduction of pathogens into already complex communities have led to epidemics that drastically change the abundance of some species. Where these changes in density effect numerically dominant or 'keystone' species they can produce cascade effects that can generate major changes in the relative abundance of other species in the community and significant changes in ecosystem function (Dobson and Hudson 1986, Dobson and Crawley 1994).

#### 5.1.4 The role of vectors

Dye and Williams (this volume) consider the conditions under which indirect transmission (via vectors or other intermediate hosts) will have 'special' dynamical effects, compared to direct transmission. They show that the degree of nonlinearity (density dependence) introduced by the vector, as well as the relative timescales of vector and definitive host components of the parasite life cycle, are crucial. They conclude that the vector component is so fast in its dynamics for microparasites that indirect transmission may not have a qualitative dynamical effect. A different tale may emerge for the more complex life cycles of macroparasites (Smith et al. this volume).

#### 5.2 Macroparasites

Hudson and Dobson (this volume) introduce observed patterns of macroparasite infection, whilst the chapter by Gulland concentrates on parasite impact. Roberts, Smith and Grenfell (this volume) review models for host-macroparasite interactions and the paper by Grenfell, Dietz and Roberts considers immuno-epidemiological models in detail. The macroparasite working group (Smith et al. this volume) concentrated mainly on how current macroparasite models need to be refined to describe aggregation and other biological complexities. We review these, and other issues which arose, below.

#### 5.2.1 Parasite aggregation

Macroparasitic infections tend to fluctuate less through time than microparasites (Dye et al. this volume), consequently, persistence is much less of an issue for the former than the latter. Instead, the main manifestation of heterogeneity in macroparasite abundance is in the frequency distribution of parasite burdens between hosts. The characteristically aggregated nature of this distribution is reflected both in observed patterns of parasitism (Hudson and Dobson this volume) and the associated theoretical literature (Roberts et al. this volume). The quantification and causes of aggregation are a major preoccupation of the macroparasite group report (Smith et al. this volume). Much still needs to be understood in this area, though both theoretical (see Woolhouse (1992) and Grenfell et al. (this volume) and empirical studies (Smith et al. this volume) underline the importance of individual differences in host response (due to immunological or other inherent variations). Each of these approaches will provide important insights into the mechanisms producing aggregation in the distribution of parasites. However, a three-pronged attack should be mounted on this problem if we are to obtain a more complete understanding that encompasses interactions between processes that operate at very different temporal and spatial scales: (1) an experimental approach - this should examine the role of host genetics, prior experience, immunity, nutrition and spatial distribution of infective stages and susceptible hosts in determining resultant degree of aggregation; (2) the development of mathematical models which more explicitly consider heterogeneities (Grenfell et al. this volume); (3) comparative approaches that examine observed distributions from a wide variety of host and parasite communities (Dobson and Shaw in preparation).

#### 5.2.2 Climate and seasonality

Much more work is needed to incorporate the effects of climate into models for macroparasites. There is a large literature on the effects of climate on survival of free-living stages and the potential for epidemic outbreaks (Levine 1963, Wallace 1961). Climatic factors are important in creating variability, which may aid or reduce persistence, and in 'stimulating' the evolution of traits such as arrestment (hypobiosis) and the evolution of complex life cycles. Ironically, work in these areas received reduced funding and consequent reduced interest once cheap drugs anthelmintic drugs became available in the 1950s and 1960s. Now that resistance has appeared to many drugs, it is likely that an understanding of how parasites are dependent upon the weather will receive new significance (Dobson and Carper 1992, 1993). If we are entering a period of global climate change, it is important that future models of parasite host dynamics consider the effect of changing climate on the distribution of parasites and their hosts.

A major component of the interaction between parasites and meteorological variation is seasonality. Most models for both macro- and microparasites ignore the potential influence of annual and diurnal variation on the dynamics of infection (though see Roberts and Grenfell (1992), Woolhouse et al. (1993)). Where these effects have been explored, they suggest that seasonal variation in transmission rates and host birth rates may have important forcing effects on the long-term dynamics of parasite-host systems (Roberts and Grenfell 1991,1992, Aron and Schwartz 1984, Yorke et al. 1979, Grenfell et al. 1995, Reif 1976).

#### 5.2.3 Indirect transmission and complex parasite life cycles

With the exception of cestodes (Gemmell et al. 1986), a large lacuna is in mathematical models for helminths with indirect life cycles. When do the dynamics of the intermediate host become important? Obviously the relative time scales of the birth, death and transmission processes that operate at each stage of the life cycle are important in determining the population dynamic outcome. In many cases we can assume that the transmission stage mediated by the vector occurs on a fast time scale and will return to its equilibrium rate rapidly following perturbations. Under these circumstances, transmission rates will only be strongly dependent upon vector density when this is low (Hasibeder et al. 1992, Dobson 1988). When vector densities are much higher then limiting levels, the maximum parasite transmission rate will be constrained by other features of its life life cycle.

#### 5.2.4 Community ecology of macroparasites

There is an increasing literature describing the observed structure of helminth communities (Bush, Aho and Kennedy 1990, Kennedy, Bush and Aho 1986, Sousa 1994). These studies have provided evidence that the local ecological conditions may overule phylogenetic constraints in determining the parasite assemblage observed in any host species in any particular location, and that communities of long-lived warm blooded hosts acquire more diverse assemblages of helminth parasites than those of short-lived poikilothermic hosts (Kennedy et al. 1986). Ironically, interest in parasite community structure has developed at a time when ecologists have shown increasing interest in metapopulations and habitat fragmentation. Most parasites live as populations which are fragmented into metapopulations on several spatial scales; each host operates as a patch on the most local scale, while the host's home range and the conspecifics that share this area with it create a second scale of habitat fragment for the parasite. Many of the mathematical frameworks developed for metapopulations probably apply best to macroparasites and their hosts, yet very few attempts have been made to examine parasite commmunities from this perspective. This lacuna emphasizes that more work is needed

on the processes determining the structure and dynamics of macroparasite communities. In particular, we need a more quantitative understanding of the role that different potential mechanisms play in allowing a diverse array of parasite species to coexist within the same host population. Key questions that need to be addressed here are: what are the relative roles of competition (direct and host mediated; interspecific and intra-specific), aggregation and life history strategies of parasites in determining the observed level of parasite biodiversity? (Dobson 1985, Dobson 1990, Dobson and Keymer 1990, Kennedy et al. 1986, Bush et al. 1990, Sousa 1994, Dobson and Roberts 1994, Roberts and Dobson 1995). On a larger scale we still need to understand the role that parasites play in determining the interactions between species that structure ecological communities and ecosystems.

#### 5.3 Immuno-epidemiology

Lloyd (this volume) gives an extensive review of the immuno-epidemiology of parasitism in wildlife vertebrate host populations. Apart from a few studies, there is relatively little direct information, so that the review proceeds largely by analogy with the immunology of domestic animals. The immunology of persistent macroparasitic infections is rather better documented in wildlife populations than that of microparasites, so that Grenfell et al. (this volume) explore theoretical aspects of immuno-epidemiology in the context of (macroparasitic) nematode infections of ruminants.

Models including these immunological complexities must take account of a host's previous experience of infection (and therefore of host age). This is also the case with patterns of aggregation, so that Grenfell et al. examine how the development of immunity and aggregation influence patterns of parasitism. This exercise illustrates the importance of intrinsic differences between hosts in determining observed aggregation patterns and the potentially complex interaction between immunity and parasite-induced host mortality. However, these are still only equilibrium results and, again, we stress that dynamic models can only be produced in the context of detailed empirical knowledge of particular systems (Lloyd this volume). An exciting potential development is the inclusion of within-host immunodynamics into individual-based epidemiological models.

However, such models will require still more refined empirical knowledge for their construction. A particularly important area for modelling is to disentangle the epidemiological implications of neonatal tolerance, whereby early exposure to maternally-derived parasite antigens can 'tolerise' young animals to subsequent infection (Grenfell and Michael 1992, Lloyd this volume).

One crucial area that requires more empirical study is the interaction between immunity, stress and malnutrition (Lloyd this volume). Sadly, Anne Keymer's death has curtailed some very exciting work in this area. Her ex-

perimental demonstration that rats on a reduced protein diet are unable to immunologically control the rate at which they acquire nematode infections has profound implications for studies of pathogens in free-living host populations. Although our understanding of the immunological dexterity of a variety of domestic animals is increasing exponentially, it is crucial to consider which components of the immune system are most hampered by the frequent periods of low nutrition that face most free-living animal species.

#### 5.4 Spatial Processes

As befits its importance, spatial heterogeneity is discussed in many parts of the book. The main reviews are the background chapter by Mollison and Levin, the spatial group report (Bolker et al. this volume) and Barlow's survey of wildlife disease models. Bolker et al. lucidly summarize the problems of measuring and modelling spatial heterogeneity, so that we restrict ourselves here to a few synthetic comments.

#### 6 Representing spatial scale

This is a central problem in epidemiology. Since we cannot include the full hierarchy of spatial relationships, we must pick out a few important scales at which to analyze the behaviour of the system. A useful analogy here is with spatially well documented human diseases such as measles (Grenfell et al. 1995). There, we can measure transmission rates relatively well at local spatial scales (family level) and at the level of large populations. However, there are few data sets which allow us to measure  $R_0$  at the intermediate spatial level (e.g. schools). Ironically, this is just where the nonlinearities in transmission are strongest. This underlines one of the most important uses of models – identifying where (in this case at which scale) we need to concentrate our efforts to collect appropriate empirical data.

Another important question is how the infection rate scales with host density and population size at different spatial scales (Barlow this volume). Much has been done theoretically in this area (Mollison and Levin this volume), though there is more to do in modelling the balance between population size and density in determining transmission rates at different scales in relatively weakly coupled metapopulations. However, the real need is for more empirical studies which explicitly measure the relationship between infection rate and host population density (de Jong et al. 1995) – ideally for hosts with different dispersion patterns (plants) or social systems (animals).

#### Spatial models and data

Mollison and Levin (this volume) evaluate the different approaches (deterministic/stochastic, patches/individuals etc.) to allowing for spatial hetero-

geneities in epidemics. Spatial models have a beauty all their own, however (to return to the central theme of this volume) the most successful approaches confront models with data. Bolker et al. (this volume) outline a number of case studies along these lines. The advent of epidemiologically relevant data from remote sensing should provide a further significant impetus to the integration of models and data.

#### 6.1 Evolution of Parasite-Host relationships

#### 6.1.1 Virulence

The majority of work on coevolution has focused on microparasites and their hosts (Levin and Pimentel 1981, Fenner and Ratcliffe 1965, May and Anderson 1990, Dwyer et al. 1990, Frank 1992). It has proved much harder to examine the coevolution of virulence and resistance in macroparasites, though a number of studies are beginning to address this (Herre 1993, Jaenike 1993). Theoretical work suggests that increased virulence in a macroparasite will reduce the observed level of aggregation in the parasite's distribution (Anderson and Gordon 1982). Models that incorporate this effect recapture the result obtained for most microparasite models that strains of intermediate levels of virulence can usually outcompete macroparasites with negligible virulence (Dobson and Merenlender 1991). Nevertheless, because the aggregated distribution of each parasite strain increases its chances of persisting in the host population, it is quite possible for a host population to support a wide diversity of parasite strains that exhibit a range of levels of virulence.

Virulence is commonly perceived to manifest itself through direct damage to the host's tissues, however, it is also likely that both macroparasites and microparasites reduce their host's fitness through their indirect impact on the energy budget of the host. Although each individual parasite diverts only a small fraction of the host's diet to itself, hosts that are heavily infected with macroparasites, or malnourished hosts, are always the first to show acute symptoms of disease. This aspect of parasite virulence has not been explored in a theoretical framework. The rapid recent development of 'individual-based' models as a tool for examining interactions between populations and their resources (DeAngelis and Gross 1992, Kooijman 1993) provides a framework that could be used to more carefully examine the complex interaction between virulence and host nutrition.

#### 6.1.2 Host behaviour and sexual selection

Parasite induced modification of their hosts behaviour is a subject that has received increasing attention in the last ten years (Dobson 1988, Lafferty 1992, Gotelli and Moore 1992). The best documented examples of parasites modifying host behaviour continue to be dominated by cases where the parasite